

CURRICULUM VITAE

Dr. KEYVAN HEJAZI

Date of Birth: January, 1986

CONTACTS	<ul style="list-style-type: none"> • Address: Assistant Professor in Sport Physiology, Faculty of Physical Education and Sport Sciences, Hakim Sabzevari University, Sabzevar, Iran • E-Mail: keyvanhejazi@gmail.com & k.hejazi@hsu.ac.ir • Cell Phone No.: 051-344012620 • Google Scholar Profile: https://scholar.google.com/citations?hl=en&user=pjbn35AAAAAJ&view_op=list_works&sortby=pubdate
EDUCATION	<ul style="list-style-type: none"> • PhD. in Physical Education and Sports Sciences Ferdowsi University of Mashhad, Iran (Sep. 2013 to Jan 2018) Dissertation: "Comparing the effect of aerobic training exercise with different intensities on muscles myokines levels and adipose tissue in obese male Wistar rats", supervised by professor S.R. Attarzadeh Hosseini Selected Graduate Coursework: Advanced Statistics in Sports Physiology (18.75/20), Advanced Sports Biochemistry (19.75/20), Hormonal Responses to Exercise (18/20), Cellular Adaptation to Exercise (19.50/20), Immune Responses to Exercise (18/20) <u>GPA: 18.61/20</u> • M.Sc. in Physical Education and Sports Sciences Ferdowsi University of Mashhad, Iran (Sep. 2010 to Aug. 2013) Dissertation: "Comparison of the effect of selected exercise on serum immunoglobulin (IgA, IgG, and IgM) in semi-endurance elite runners during preparation phase", supervised by professor S.R. Attarzadeh Hosseini Selected Graduate Coursework: Statistics (20/20), Human Physiology (18.50/20), Human Anatomy (18.50/20), Sports Biochemistry (19/20), Nutrition and Exercise (20/20), Exercise Physiology (19/20). <u>GPA: 18.75/20</u> • B.Sc. in Physical Education and Sports Sciences Imam Reza International University, Mashhad, Iran (Jan. 2005 to Jan. 2009) Selected Coursework: Statistics, Exercise Physiology, Human Physiology, Sports Biochemistry, Nutrition and Exercise. <u>GPA: 18.62/20</u> • High School Diploma in Physical Education and Sports Sciences Kazemian High School, Mashhad, Iran (Sep. 2003 to May 2004) <u>GPA: 16.61/20</u>
LICENSES & CERTIFICATIONS	<ul style="list-style-type: none"> • Bodybuilding Coaching Certificate from the Weightlifting Federation of Iran (2016) • International Massage Certificate from the Union of Thai Traditional Medicine Society, Thailand (2010) • National Certificate of Physical Fitness Coaching from the Iranian Federation of Physical Fitness and Aerobics, Iran (2009) • Volleyball Coaching Certificate from the Volleyball Federation of Iran (2008) • Volleyball Referee Certificate from the Volleyball Federation of Iran (2008) • First Aid & CPR from the International Red Cross and Mashhad University of Medical Sciences (2008)
WORK EXPERIENCE	<ul style="list-style-type: none"> • Assistant Professor of Sport Sciences Department, Hakim Sabzevari University, Sabzevar, Iran (Sep. 2019 to present) • Lecturer of Exercise Physiology, Sanabad University, Mashhad, Iran (Sep. 2013 to Sep. 2015) • Lecturer of Physical Education, Sanaye & Maaden University, Mashhad, Iran (Sep. 2012 to Sep. 2014) • Private Coach of Physical Fitness, Monazeri University, Mashhad, Iran (Sep. 2011 to Sep. 2012) • Teaching Assistant of Volleyball, Monazeri University, Mashhad, Iran (Aug. 2010 to Dec. 2011) • Teaching Assistant of Human Physiology & Anatomy, Department of Physical Education and Sports Sciences, Monazeri University, Mashhad, Iran (Sept. 2009 to Jan. 2009)
SELECTED	<ul style="list-style-type: none"> • Hejazi K., Askari R., Hofmeister M. Effects of physical exercise on bone mineral density in older

PUBLICATIONS	<p>postmenopausal women: a systematic review and meta-analysis of randomized controlled trials. <i>Osteoporosis International</i> 2022 Jul 27;17(1):102.</p> <ul style="list-style-type: none"> • Hejazi K., Ferrari F. Effects of physical exercise on cardiometabolic biomarkers and inflammatory markers in children: a systematic review and meta-analysis of randomized controlled trials. <i>Biological Research for Nursing</i> 2022; 10998004221099573 • Rahimi G.R., Hejazi K., Hofmeister M. The effect of exercise interventions on Irisin level: a systematic review and meta-analysis of randomized controlled trials. <i>EXCLI Journal</i> 2022; 25(21):524-39. • Hejazi K., Wong A. Effects of exercise training on inflammatory and cardiometabolic health markers in overweight and obese adults: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Sports Medicine and Physical Fitness</i> 2022; 63(8): 1-10 • Fathi M., Hejazi K. The effect of six months aerobic exercise during dialysis on liver enzymes, cystatin c and quality of life of hemodialysis patients. <i>Journal of Sports Medicine and Physical Fitness</i> 2021; 61(11):1515-1522. • Hejazi K., Fathi M., Salkhord M., Dastani M. The effect of eight weeks of combined training (endurance-intermittent resistance and endurance-continuous resistance) on coagulation, fibrinolytic and lipid profiles of overweight women. <i>Polish Journal of Sport and Tourism</i> 2021; 28(4):3-9. • Bijeh N., Attarzadeh Hosseini S.R., Hejazi K. The effect of aerobic exercise on serum C - reactive protein and leptin levels in untrained middle-aged women. <i>Iranian Journal of Public Health</i> 2012; 41(9): 36-41. • Attarzadeh Hosseini S.R., Hejazi K. The effects of Ramadan fasting and physical activity on blood hematological-biochemical parameters. <i>Iranian Journal of Basic Medical Sciences</i> 2013; 16(7): 845-849. • Attarzadeh Hosseini S.R., Sardar M.A., Hejazi K., Frahaty S. The effect of Ramadan fasting and physical activity on body composition, serum osmolarity levels and some parameters of electrolytes in females. <i>International Journal of Endocrinology and Metabolism</i>. 2013; 11(2): 15-22. • Attarzadeh Hosseini S.R., Motahari Rad M., Hejazi K. The interactive effects of one month fasting and regular physical activity on myostatin and follistatin hormones levels in elite wrestlers. <i>International Journal of Applied Exercise Physiology</i> 2016; 5(3): 1-8. • Hejazi K., Attarzadeh Hosseini S.R. Influence of selected exercise on serum immunoglobulin alterations, testosterone and cortisol responses in semi-endurance elite runners. <i>Asian Journal of Sports Medicine</i> 2012; 3(3): 168-174.
COMPUTER SKILLS	<ul style="list-style-type: none"> • Statistical Software Tools: SPSS, Review Manager 5.4 • General Software Tools: Microsoft Office, Endnote, Photoshop
LANGUAGE PROFICIENCY	<ul style="list-style-type: none"> • English: Professional Working Proficiency • Persian: Native
REFERENCES	<ul style="list-style-type: none"> • Martin Hofmeister, PhD; Department Food and Nutrition, Consumer Centre of the German Federal State of Bavaria Mozartstraße Munich, Germany; Email: hofmeister@vzbayern.de; martin.j.hofmeister@gmail.com • Alexei Wong, PhD; Professor (Associate) at Marymount University United States; Email: awong@marymount.edu